

# THE UNDERSTANDING AND PRACTICAL ASPECTS OF INDUCED LACTATION AND WET NURSING

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27

ASIA-PACIFIC REGION

12:00 AM EDT  
6:00 AM CEST  
12:00 PM AWST



**Speaker: Associate Professor Dr Zaharah Sulaiman**

School of Medical Sciences, Universiti Sains Malaysia (USM), IBCLC, and a Local Governance Council Member for World Alliance for Breastfeeding Action (WABA)

## Induced Lactation: Understanding, Practical Aspects And Motherhood Journey

Induced lactation is a process that enables a nulliparous woman to experience producing breast milk and breastfeeding a child. This precious experience allows her to journey motherhood and feed her adopted infant with breast milk. In this talk I am sharing the expectation vs reality and the fact vs myth on induced lactation. Not knowing what to expect and not having the right facts about the process of induced lactation significantly affect the ability to produce breast milk. While these issues are discussed, women's experiences will be shared anonymously to give a better illustration of various scenarios. Take home messages regarding success tips will also be shared.



**Speaker: Ms Norsyamlina Che Abdul Rahim, MSc**

Institute for Public Health, National Institutes of Health, Ministry of Health Malaysia

## Wet Nursing Practice Among Muslim Mothers

Since ancient times, breastfeeding and wet nursing have been synonymous. The two current practices of feeding expressed milk from a wet nurse are direct breastfeeding and feeding expressed milk from a wet nurse, and their applicability varies by population. In Islam, certain provisions for wet nursing must be recognised in order to determine an infant's status as a milk kinship child. The requirements for establishing a legal milk kinship status are related to a woman's breast milk, the amount of feeding, the baby's age at the time of feeding, and the mode of feeding. There are several significant consequences, including raising awareness of wet nursing based on the Islamic concept, and its potential benefits.



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